

Student receives scholarship

By Alexandra Williams
284th Base Support Battalion Public Affairs Office

Timothy Hill, a Giessen Middle and High School senior, received a \$10,000 scholarship from the Horatio Alger Association of Distinguished Americans, Inc., to support him in his college career. The association recognizes students who demonstrate integrity and perseverance in overcoming adversity. Hill was among only 106 high school seniors nationwide who were selected this year.

The award caught him by surprise, Hill said.

"I applied for several scholarships and I had my doubts that I had a chance to be selected by the Horatio Alger Association, but it was still worth trying. So I sent them my transcript and two essays. So far they've been the only ones I've heard from," he said.

Realizing a dream

The financial support will help Hill to realize his dream of studying music education. The Giessen Griffin band member, who plays tuba, trombone and trumpet, has lived in Butzbach since 1996.

"Right now I don't know what I will do later. Maybe I will become a composer or a musician. I am just looking at getting a degree. Then I'll see where it takes me and how I feel about it after having it done for a few years," he said.

Musical talent does not run in his family, he said, "but my great-grandfather is a country music artist in Ohio. He's not known across the States, but he makes a living from

it. He's about the only relative who's involved in the music business."

Hill has attended the summer music camp at Appalachian State University in North Carolina, an experience that may determine where he pursues his undergraduate degree.

"I am considering three colleges, and the decision depends on whichever gives me the largest scholarship. I favor the Appalachian State University though because I know my way around. It's like a second home," he said.

Besides music Hill loves math, he said. He is also captain of the Giessen Griffins football team, plays soccer and wrestles. "That's the advantage of small schools. You get to do everything," he said.

Hill's major academic challenge this year is AP calculus. "We are only four students, and we have to communicate with our teacher via the Internet. It's not that easy. All the other things are actually coming pretty easily for me. I guess I am lucky," he said.

In addition to the scholarship Hill will receive an all-expenses-paid trip to attend the 2005 Horatio Alger National Scholar conference in Washington, D.C., that will take place in April. The trip will include a visit to the Capitol and the U.S. Supreme Court, briefings by government leaders and a chance to meet other members of the association.

"Don't give up and try everything you can," he said to fellow students heading into the unknowable future. "If you want to go to college, search everything to see where you can apply for scholarships. My family and I are very happy that it worked for me."



Photo by Alexandra Williams

Timothy Hill keeps up his tuba chops through practice. The Giessen High School senior received a \$10,000 scholarship from the Horatio Alger Association. The money will enable Hill to realize his dream of a music education degree.

Meet the staff:

Specialist keeps utilities going for community



Photo by Alexandra Williams

Public utilities specialist Monika Nelson is responsible for utilities contracts and plays a role in the SORT program.

By Alexandra Williams
284th Base Support Battalion
Public Affairs Office

Monika Nelson of the 284th Base Support Battalion Directorate of Public Works Public Utilities Office keeps the utilities in the community going.

As the public utilities specialist she incorporates, maintains, modifies and/or terminates utility contracts. Working closely with the area support teams she prepares the calendars for all trash pickup dates and establishes site plans for the contractors. She also addresses any trash and recycling problems of her customers. She checks incoming utility invoices from suppliers and clarifies them for payment but also checks tariffs for best rates.

Customer service

Though her work has an impact on families and employees on the installation she knows only a few of her customers personally. Hardly

any of her customers have ever met her, a fact she sometimes regrets, she said.

"I do have contact with customers, but it's mostly via telephone or email. It's mainly housing residents or Soldiers living in the barracks who call me when the trash does not get picked up. Then I have to coordinate with either a BOS representative or the contractor to arrange another pick-up date. It would be nice to see my customer sometimes, but that's just not possible. Sometimes I wonder how often I maybe walked past somebody who calls me on a regular basis to get a problem solved and we just don't recognize each other," she said.

SORT coordinator

Nelson also plays an active role in the 284th BSB Separate Or Recycle Trash program.

"SORT is an important issue for the U.S. Army in Germany. Our higher headquarters ensures that

the program is implemented and that we encourage our community to participate," Nelson said.

"Every month we have to report to our headquarters what has been done. To help residents recycle we prepare publications for them, and upon request I also arrange for interested community members or groups tours to the Gelber Sack recycling center in Wiesbaden. It's very interesting to see that people and not machines actually go through every bag and separate everything that's in there. Though the various cans and containers or whatever is in there smells terrible they look at every piece and separate it accordingly.

"It's hard to imagine that actually people do the sorting, but then again somebody has to do it," Nelson said.

"Most of the time people are impressed when they see that everything can be reused and then

See Specialist on page 19

284th BSB – Friedberg, Giessen

NCO to receive award for rescue of injured woman

By Alexandra Williams

284th Base Support Battalion Public Affairs Office

A Giessen Soldier will receive the Army Achievement Medal for saving the life of an injured motorist. Sgt. James Allen of Service Battery, 2nd Battalion, 3rd Field Artillery, will receive the prestigious medal for rescuing an injured woman from an overturned car Dec. 12.

That day Allen was driving behind another vehicle on Licher Strasse, a priority road leading from downtown Giessen to the Autobahn, and heading toward the industrial zone at the former Rivers Barracks when a car pulled out suddenly from the university parking lot on his right.

"I noticed that the driver pulled out without looking. Just a second later he bumped into the car in front of me. I could see that the hit driver tried to move the vehicle, but suddenly the car flipped over and slid for about 10 meters," said Allen.

His first reaction was to pull off to the left side, park his car and to run toward the overturned vehicle.

"I opened the door and I saw the driver, an elderly lady, was hanging upside down with her hands laid out. The seatbelt kept her in the seat. She was in shock and couldn't speak or move. I tried to unbuckle her to get her out of the car, but I could not reach all the way inside. So I had to sort of crawl into the car, unfasten the seatbelt and place one arm underneath her to prevent her from falling, and slowly pull her out of the car," he said.

While the woman was able to stand on her own, she still didn't react to Allen's attempts to talk to her. "I don't speak German so I figured she didn't understand me," he said.

One of two bicyclists who witnessed the accident tried to intervene. "He started talking to the lady so I think he was translating, but she still didn't speak," Allen said.

He led her from the street to the side of the road so she could sit down. Allen checked her for injuries. "At that

moment she must have realized what had happened and she started to cry," he said.

One of the woman's hands was bleeding. Allen ran back to his car to get his first-aid kit.

"Everything was written in German so I had to guess what was what. Since I didn't know what I could use to disinfect the cuts, I dabbed the wounds off with gauze. Then I noticed blood coming from her upper arm, and when I pulled up her sleeve I saw a large bleeding wound. I bandaged it to stop the bleeding."

All the while the NCO was being watched by passersby who offered no assistance. He waited for the arrival of the Polizei and an ambulance.

"Another woman from one of the buildings came over to translate what I was saying," he said. "The injured lady had called someone on her cell phone, I guess a family member. But I knew she would be taken care of."

As a result of his good deed, Allen

missed formation and almost got into trouble.

"When I arrived at the battery I was in shock. I couldn't believe what had happened. While I rescued the lady I acted normally, but when I arrived at the battery building I kind of just stared into space. My commander came in and asked why I missed formation so I told him the entire story."

During his 15-month deployment to Iraq with the Gunner Battalion Allen faced danger daily and saw his share of dramatic events, but witnessing the accident still shook him up, he said.

"To be honest I think if I was not in the Army I would have just watched what was going on just like the civilians did. No one came to help me I guess because they were afraid to do something wrong. Of course I was afraid about that too, but in the Army you learn to react. I have never been so responsible and disciplined before in my life. All that Army training made me overcome my own concerns. My wife and my parents are proud of me, and I must admit it felt good being

"I have never been so responsible and disciplined before in my life."

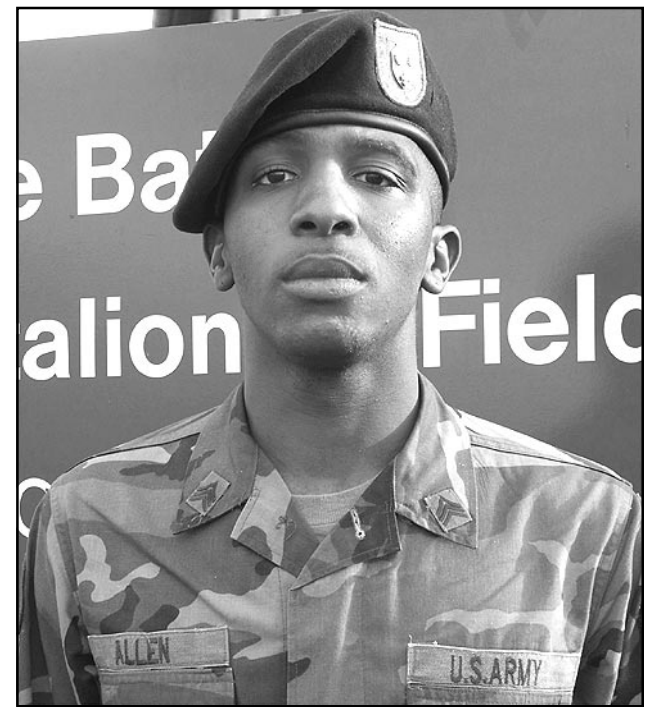


Photo by Alexandra Williams

Sgt. James Allen of Service Battery, 2-3rd Field Artillery, will be awarded the Army Achievement Medal for rescuing an injured woman after a car accident.

able to help. I'd do it again anytime."

Allen regretted not asking the woman he rescued for her name. "Everything happened so fast, and after she was taken care of I continued with my business — I forgot to ask for name or phone number. I am sure she's all right," he said.

Allen is the second Gunner Battalion Soldier to come to the aid of car accident victims within two weeks in mid-December. His being on the spot that morning was a matter of mere chance, he said.

"I didn't have the cold weather tab on my jacket, and my commander told me to get one. That's the only reason I drove down that street during lunchtime."



Photo by Petra Roberts

Earning honors after tough competition

Engineer Brigade Command Sgt. Maj. Ioakima Falaniko (center) receives the Bundeswehr Schützenschnur which he competed for with another 20 American Soldiers. Falaniko was among only three recipients of the prestigious German award for marksmanship. "Not too many Soldiers wear the Schützenschnur, and because the competition is very tough it's an honor to wear it," said Falaniko. "Contrary to American shooting competitions the German qualifications for this award are harder because one does not get to shoot his or her own weapon, but must master three weapons given to them on the day of the competition," said Capt. Holger Laschen of the Verteidigungsbezirkskommando 47 in Giessen during the award ceremony.

Did you know?

Misuse of fuel keys

Misuse of automated fuel dispensing keys at Transportation Motor Pool pumps is strictly prohibited and may result in investigations and punishment.

In one case the Interagency Fleet Management System area manager reported two sedans pulling up to a filling station. The first driver used his key to fuel his vehicle and then permitted the second vehicle to pull up and begin fueling. IFMS personnel intervened and learned the second vehicle's automated key was inoperable and the first driver was "just helping" the other.

IFMS personnel have observed NTV drivers using NTV fuel keys to fill up extra five-gallon cans after fueling. Incidents such as these can lead to an investigation either by a Report of Survey process or criminal investigation.

Each vehicle in the NTV fleet, which is operated by IFMS, is issued a coded and computerized

fuel key that reports the amount of fuel pumped directly to 200th Material Management Command Petroleum Management Division, which is responsible for all fuel management in Installation Management Agency-Europe.

Fuel is obtained from the Army on a reimbursable basis to IFMS. Each vehicle is assigned a fuel key to access the military automated fuel system requiring the entry of the current odometer reading.

Wrongful use of the automated fuel system may be pursued by military authorities and personnel may be held liable. Soldiers and civilians should report suspected violations of the rules to any TMP operations office.

Lost or inoperable keys must be reported immediately to the relevant TMP. Customers should use fuel coupons until a replacement is provided. A Utility Master Key should never be used to refuel vehicles. (Courtesy 104th ASG Directorate of Logistics)

284th BSB — Friedberg, Giessen

Community spotlight

Kudos to HHD, 284th

A kudos to the Headquarters and Headquarters Detachment, 284th Base Support Battalion, flag football and basketball teams for winning third place during this year's winter sports season.

Office assistant sought

Choctaw Management Services Enterprise seeks an administrative assistant in Butzbach for the Women, Infants and Children Overseas program. Applicants need a high school diploma or equivalent with secretarial or business office experience or education. Business training or an associate's degree is preferred. Experience in a health related field is desirable. The incumbent must be able to type 40-60 words per minute. The job entails frequent travel and requires good communication skills. It offers an attractive salary, a benefits package including a 401-K plan, medical, dental and vision benefits, and the opportunity for career advancement. Send a resume and cover letter via email to Kimberly.spanao@ramstein.af.mil or by fax to civ (06371) 47-9383.

Newborn care

The New Parent Education and Support Program hosts a newborn care class Feb. 12 from 10 a.m. to 3 p.m. at the Butzbach Outreach Center in Building 6543. Instructors use videos and lectures to help participants learn to care for newborn children. To register call Giessen Army Community Service at civ (0641) 402-7618.

Children's movie day

Army Community Service will host a children's movie day every second and fourth Tuesday of the month from 10-11:30 a.m. in Building 3 on Giessen Depot. The program includes a short movie, a snack and crafts designed for children under age 5. To register call mil 343-7618.

Parents Night Out

The 284th Base Support Battalion Child and Youth Services office hosts a Parents Night Out Feb. 11 at the Butzbach Child Development Center. For details and reservations call CLEOS at mil 343-8216/7028.

ACAP programs

The Army Career and Alumni Program hosts a job assistance workshop Feb. 15-16. The workshop is a prerequisite to further job search assistance. For details call Claire Sowinski at mil 343-9332.

Employment Readiness

The 284th BSB Army Community Service Employment Readiness Program assists community members seeking employment. Services include federal resume classes, interview skills help, computer assistance and job search tools. Employment Readiness services are offered Monday, Wednesday and Thursday from 9 a.m. to 1 p.m. in Friedberg and Tuesday from 9 a.m. to 5 p.m. in Giessen. Federal resume classes are held Tuesday from 10 a.m. to noon in Giessen and every first Wednesday of the month from 10 a.m. to



Photo by Alexandra Williams

Greeting the New Year

Brig. Gen. Oscar Anderson, assistant 1st Armored Division commander for support (left to right), his wife Diane, 284th Base Support Battalion commander Lt. Col. Bart Shreve and 284th BSB Command Sgt. Maj. Keith Francis welcome German and American guests during the annual commander's New Year reception Jan. 13 at the Alpine Club on the Giessen Depot.

noon in Friedberg. Call ACS Friedberg at mil 324-3465 or ACS Giessen at mil 343-7618 for information.

Volunteers sought

Call 284th Base Support Battalion Army Volunteer Corps coordinator Kelly Kreis at mil 324-3465, civ (06031) 81-3465 or email her at kreis@104asg.mwr.army.mil for the latest on volunteer opportunities in your community. Agencies seeking volunteers include the Parent Teacher Student Association, Boy Scouts and Girl Scouts, community mail rooms, libraries, arts and crafts centers, Family Readiness Groups, thrift shops, the Hearts and Hands Community Club, the Red Cross, the medical and dental clinics, the Safe Neighborhood Awareness Program, the tax centers, Army Family Team Building and the Army Family Action Plan.

Mentors sought in Butzbach

Butzbach Elementary School seeks mentors for about 40 students, approximately 25 of whom stay after school Wednesday and Thursday for an hour to do homework and could benefit from a mentor's help. Other mentoring opportunities exist as well. Attend the Mentor Orientation at the school Feb. 7 at 9 a.m. to learn more. Call Heather Majorwitz at civ (06033) 74520 or email her at heather.majorwitz@eu.dodea.edu for information.

Checkbook management

Army Community Service hosts Checkbook Management classes every first Tuesday of the month in Friedberg, every third Wednesday of the month in Giessen and every last Friday of the month in Butzbach.

Classes are from 10 a.m. to noon. Participants learn to manage a checking account. **Money and Credit Management classes** are held every second Tuesday of the month in Giessen, every first Wednesday of the month in Friedberg and every first Friday of the month in Butzbach. Classes are from 10 a.m. to noon. For details call Giessen ACS at mil 343-7618, Friedberg ACS at mil 324-3465 or the Butzbach Outreach Center at civ (06033) 925329.

Lost item at MP Station

A watch was found in the bathroom of the Military Police Station, Building 5 on the Giessen Depot. For details call Investigator Gregory Kafer at mil 343-6291.

Donations for tsunami survivors

Anyone who would like to donate cash to support the relief efforts in South Asia should contact the Red Cross in Giessen. As of now only cash donations can be accepted — do not bring clothes or food. Receipts will be provided for donations. Call mil 343-7786 for details.

AFAP issues sought

Community members who have issues for this year's Army Family Action Plan conference, to be held Feb. 15-16 at the Woodland Club in Giessen, must turn them in before the conference. Suggestion forms can be dropped off at Army Community Service offices, post exchanges, shoppettes and commissaries throughout the 284th Base Support Battalion.

Cheerleading contest

The 284th Base Support Battalion's Child and Youth Services will host the U.S. Forces

Junior Cheerleading Competition March 19 starting at 11 a.m. at the Miller Hall Fitness Center in Giessen. Special guests will be the Frankfurt Galaxy Dancers who will dance, judge the competition and give away football tickets. For information call Gregory Peck at mil 343-6969.

Sweetheart Dance to be held Feb. 18

Battery C, 2-3rd Field Artillery, will host a Sweetheart Dance Feb. 18 from 6 p.m. to midnight at the Alpine Club on the Giessen Depot. Music, fun and refreshments will be on hand. Tickets are available for \$10 per couple in advance or \$12 at the door. The theme is "dress to impress." Child care is available at separate cost on a first-come, first-served basis. For details call Sharen Crenshaw at civ (0641) 494 1352 or Bridgett Lester at civ (0641) 480 8207.

Bowl with the best of NFL

The Ironsides Lanes Bowling Center in Giessen features a special evening Feb. 6. Patrons can bowl a lane all night for \$15 and watch the Super Bowl game throughout the building. Prizes will be awarded after every quarter. Bowling packages, free games coupons, shirts and sweaters will be raffled off. A lottery will be held based on the score at the end of each quarter of play, and a bowling bag will be awarded for guessing the final score. The **Spare Time Lounge** in Friedberg hosts a Madden 2005 gridlock contest Feb. 6. Entry fee is \$8 and registration is open. The grand prize is an all expenses paid trip, a ticket to a Frankfurt Galaxy game and a Madden 2005 game. The Super Bowl game can be watched throughout the facility. Quarterly and final score lotteries will be held. Free chips, dips and finger food will be served.

Wild West Night Feb. 5

The Hearts and Hands Community Club will host its annual Wild West Night Feb. 5 from 5:30 p.m. to 1 a.m. This fundraising event features a silent auction, gambling, a jail, line dancing, Can Can dancers and much more. Proceeds will go back to the community by supporting scholarships and organizations. Ticket are \$3 per person in advance or \$5 at the door. Tickets can be purchased at the Friedberg Community Bank or at any of the Army Community Service Centers throughout the 284th BSB. Child care will be provided by the Giessen and Friedberg Child Development Centers from 5 p.m. to 1 a.m. for all Child and Youth Services registered children. Call mil 343-8216/7028 for details.

Outdoor Recreation ski and snow board trips planned for February

Outdoor Recreation hosts a skiing trip to the Feldberg in the Black Forest Feb. 12-13. The cost is \$119 for adults, \$69 for children

Continued on page 19

Stay safe and prevent cold injuries

By **Helmut Schartel**
284th Base Support Battalion Safety Office

Whether you enjoy outdoor activities such as ice skating, sledding and skiing, or are working outside this winter, remember to take simple precautions to avoid cold injuries.

It's a common misconception that freezing temperatures are the only cause of cold injuries. A variety of factors in diverse combinations can lead to injuries. These include temperature, humidity, wind speed, type and condition of clothing, exposure time and activity. The most common types of cold injuries are:

★ **Chilblains** — This condition is caused by a low level of exposure to moist and cold conditions and results in inflammation and itchy irritation of the skin. Continued exposure will lead to frostbite.

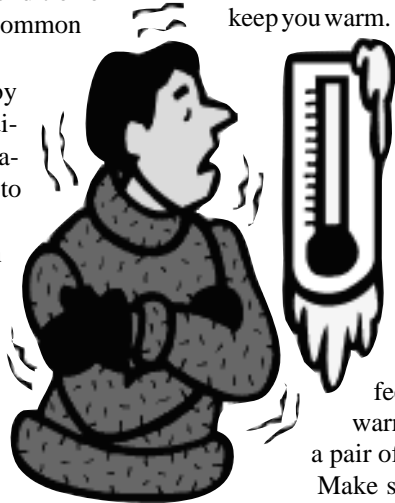
★ **Frostbite** occurs when tissue fluids begin to crystallize. It results from exposure to freezing temperatures. The most vulnerable parts of the body are the face, fingers and toes. Depending on temperature and wind exposure, the window of vulnerability can range from several minutes to several hours. Frostbite damage can be irreversible.

★ **Heat exhaustion and dehydration** can occur even in the coldest weather. Perspiration evaporates rapidly in cold, dry air and is rarely visible on the skin. You may not always be aware of how much water your body is

losing.

❖ Hypothermia is caused by exposure to any combination of cold, wetness and wind. It can be aggravated by exhaustion. Hypothermia is the lowering of the body's core temperature, affecting vital organs such as heart, lungs and brain among others. It can ultimately result in fatalities.

The good news is that cold weather injuries can be prevented by taking necessary precautionary measures. It also requires some basic equipment — clothes that will keep you warm. Dress accordingly for the weather you encounter.



Trapping body heat and allowing ventilation is important. Dress in several layers of thick, loose-fitting clothes and choose a wind resistant outer layer. Loosely woven clothes of cotton and wool are best for trapping air and resisting dampness. Wear footgear in several layers starting with a thin pair of cotton or polypropylene socks to draw moisture away from the feet. The next layer should be a pair of thick warm socks. Complete the combination with a pair of waterproof boots.

Make sure your feet stay warm and dry. Wet socks lose their insulating qualities, and damp feet are more susceptible to injury. Carry an extra pair of dry socks and change them as necessary.

Always keep head and neck covered — this part of the

body loses heat 10 times faster than any other. Avoid getting too warm — perspiration causes damp, sweaty clothes that increase the likelihood of hypothermia.

If you wear several layers of warm clothes and feel yourself working up a sweat, remove a layer of clothing. Never consume alcohol or drugs — they cause body temperature to drop and deaden pain, dramatically increasing the possibility of an accident, injury or death.

If you recognize the symptoms of hypothermia in another person such as uncontrolled shivering, slurred speech, awkward movements, drowsiness and a loss of interest in surroundings — get him or her out of the cold immediately, into dry clothes and wrapped in a warm blanket. If the individual can swallow, administer warm drinks, but not alcohol or food. Don't put the person in a shower or a bath, and don't rub the victim's arms and legs, as these methods could be harmful.

Anyone suffering from frostbite should move inside and immerse the affected body parts in warm water, 102-106 degrees Fahrenheit. If frostbite affects the face apply warm, moist towels. Stop immersion when the affected area appears flushed, usually after about 20 minutes.

One common mistake in treating frostbite is rubbing the affected area with snow or ice. Do not rub affected areas at all — rubbing can damage sensitive tissues and lead to gangrene. All frostbite and hypothermia victims should see a doctor.

For more information on winter safety call the 284th Base Support Battalion Safety Office at mil 343-1740.

Community spotlight

Continued from page 18

age 4-13 and \$19 for children up to 3. A **ski trip to Garmisch** takes place Feb. 19-21. The cost is \$199 for adults, \$109 for children age 4-13 and \$49 for children up to 3. A **ski trip to Winterberg** is scheduled for Feb. 26. The cost is \$59. For details call mil 343-8202.

Friedberg Community Bank closed Feb. 17

The Friedberg Community Bank will be closed Feb. 17 for renovation of the customer service lobby. For details call mil 324-3282.

Tax center seeks volunteers

The Friedberg Tax Center seeks

volunteers. Experience is not required, but good organizational skills and attention to detail are necessary. Training will be provided. For more information call Capt. Tara Scardino at mil 324-3866 or civ (06031) 81-3866.

Catholic services in February

The 284th BSB Chaplains Office hosts the following programs in Giessen in February: **Sunday mass** is celebrated every Sunday at 8:45 a.m. **Ash Wednesday mass** and **Imposition of Ashes** will be celebrated Feb. 9 at noon. Daily mass is celebrated Feb. 10-11, 14-15, 18, 21-25 and 28 at noon. **Stations of the Cross** will be observed Feb. 11, 18 and 25 starting at 5:30 p.m. followed

by a **Soup and Bread Supper**. The Friedberg Chapel celebrates Sunday mass at 11:30 p.m. **Ash Wednesday mass** and **Imposition of Ashes** will take place Feb. 9 at 7 p.m. An additional **mass** will be celebrated Feb. 1, 8, 15 and 22 at 6 p.m. **Stations of the Cross** will be scheduled for Feb. 11, 18 and 25 at 6 p.m. For details call the 284th BSB Chaplain's Office at mil 343-8020.

Illegal to idle

Leaving automobiles idling to defrost or warm up is against host nation law. Offenders can be fined.

Road conditions

To find out the latest road conditions call mil 343-8606 or civ (0641) 402-8606 for an automated message service. The message is updated as conditions change and will be available at all times.

Force protection help needed

Force protection of assets from terrorism is a complex challenge. To accomplish this endeavor the 284th BSB's Security Division needs everyone's help. Continue to be vigilant and report suspicious activity to the Security Office at mil 343-7699/7666 during duty hours and to the Military Police at mil 343-8601/7606 after duty hours.

Specialist

Continued from page 16

they decide to recycle as well."

Residents who would like to participate in the recycle program can pick up the yellow bags, Gelber Sack, at any of the Self Help Stores in the community.

"The bags are for free and they are picked up every week," Nelson said.

Nelson began working for the Army and Air Force Exchange Service headquarters in Giessen 27 years ago.

"I was a nurse, but AAFES was looking for personnel, so I applied. That's when I met my husband who was a Soldier at the time. He was then sent to Vietnam, and after he completed a one year tour I followed him to the United States where we got married. We returned to Germany a year later and I worked for AAFES again.

"Five years later I applied for the position as a procurement clerk for the public utility section because it was a promotion and I liked the boss, Dagmar Adams. Since that time I've been in the same office, except that since Ms. Adams retired a couple of years ago I am the boss," she said.

Many things have changed since she started. For instance the number of employees in the office has decreased since the drawdown of troops in the 1990s, which has an

effect on the work as well.

"We had five clerks in the office. At the time we used to go dumpster diving," she said. "My boss and I looked through trash containers in the community checking if something was in there that is not supposed to be in there. Now I can no longer do that because of lack of time since my office only has two employees left. It used to be fun though. This way we saw what's going on in the community and residents had a chance to talk to us and ask questions," Nelson said.

Army efforts

One thing that has never changed is the Army's effort to implement local recycling laws into their programs, she said.

"Since I've been working here the Army has always stressed the importance of obeying German laws. When it comes to recycling there is not much difference between Germans and Americans I must say. Either individuals support a program without complaining or they just ignore it and get rid of their trash wherever and whenever they feel like it," she said.

If you have questions about the 284th BSB SORT program or you have other questions concerning utilities or recycling call Nelson or Monika Gründel at mil 343-7161/6627.

414th BSB – Büdingen, Hanau

Community notes . . . Community notes

Officer Candidate School board

An Officer Candidate School board will be held Feb. 24 at 8 a.m. at the 414th Base Support Battalion Headquarters, Building 451 on Old Argonner Kaserne. All packets must be turned in by Feb. 7. For packet information go to <https://www.perscomonline.army.mil/OPDISTacc/OCS/COCS.htm>. For board information contact Sgt. Vershinin at civ (06181) 88-8144 or mil 322-8144.

Hanau Tax Center opening Feb. 9

The Tax Center in the basement of Building 2 on Pioneer Kaserne offers free tax filing and electronic filing for all authorized ID card holders starting Feb. 9. The Tax Center will stay open until June 15 with hours of operation Monday, Tuesday and Wednesday from 8 a.m. to 4:30 p.m.; Thursday from noon to 8 p.m.; Friday from 10 a.m. to 4:30 p.m. Clients are seen on a walk-in basis. Soldiers should come ready with W-2s, 1099s, Social Security numbers and direct-deposit information. If married couples are filing their taxes jointly, both spouses must be present to sign the return or present a valid power of attorney. Call the Tax Center at mil 322-9577 with any questions.

ACS relocates, offers classes

Army Community Service has moved to Building 19 on Hanau's Pioneer Kaserne. ACS offers an **employment orientation** every Tuesday from 10-11:30 a.m. The orientation will also be offered in Büdingen's Armstrong Barracks ACS, Building 2207, on Feb. 17 from 11 a.m. to noon. Learn what is appropriate for an interview at a **dress for success** workshop Feb. 9. Attend the **interview techniques** workshop Feb. 10. Learn how to create a resume at ACS at a **resume workshop** Feb. 16. Call mil 322-9191 or civ (06181) 88-9191 for information. ACS has 13 computers available for you to create your resume and search the Internet for vacancies. All computers are equipped with Internet access, Word, Excel and PowerPoint. Visit ACS on Pioneer Kaserne, Building 19, weekdays from 9 a.m. to 5 p.m.

Black History Celebration

Büdingen Army Community Service holds a Black History Celebration showcasing African-American traditions, decorations and food Feb. 4 from 11 a.m. to 1 p.m. ACS is located in Building 2207 on Armstrong Barracks. Call mil 321-4786 or civ (06042) 80786 for details.

Information Center open evenings at Hanau Middle School

Hanau Middle School invites parents, students and community members to use the school's Information Center every Wednesday from 5:30-7:30 p.m. Use the Internet for research, check your school email, complete homework assignments, discuss and check out great books. Call Anne Marie Avegno at civ (06181) 9069725 for information.

Hanau blood drive Feb. 8-9

The Hanau Girls Scouts and 5-7th Air Defense Artillery sponsor a blood drive Feb. 8 from noon to 7 p.m. and Feb. 9 from 10 a.m. to 4 p.m. at Hanau's Pioneer Fitness Center. You must have the following information handy: The name of any medication you are taking or have taken in the past four weeks (such as aspirin, Tylenol, birth control pills, antibiotics, etc.); any immunizations (including smallpox) and the date administered; every place you have been to outside the United States or Canada since 1980 (include all deployments). You may not be able to donate blood if you have a cold, flu or fever; had a tattoo or acupuncture in the last year; weigh less than 110 pounds; traveled to Iraq, Turkey (excluding Istanbul) or western provinces of Saudi Arabia (excluding the high altitude areas of Asir Province and the urban areas of

Jeddah, Mecca, Medina, Riyadh, and Taif/ Prince Sultan Airbase) in the last year; traveled to South Korea and were north of Seoul at any time including the DMZ Tour; spent three months or more in the United Kingdom from 1980-1996; spent six months or more at a military installation in Europe from 1980-1996; have lived in Europe for five years or more since Jan. 1, 1997; had hepatitis after your 11th birthday; have HIV or have ever tested positive for HIV; are pregnant or have been pregnant in the last six weeks. If any of the above applies to you, please inform the receptionist. Call mil 322-9765 or civ (06181) 88-9765 for more information.

Hanau Commissary among best

The Hanau Commissary has been selected to represent Europe in the Best Large Commissary Defense Commissary Agency awards competition.

Catholic Lent services, fellowship

Fliegerhorst Chapel holds an Ash Wednesday Service with distribution of ashes Feb. 9 at noon. Every Friday during Lent (Feb. 11 through March 18) at 6 p.m. will be a Stations of the Cross service followed by soup and bread fellowship. Call Chaplain (Capt.) Krzysztof A. Kopec at mil 322-9080 for information.

Protestant Women of the Chapel

The Protestant Women of the Chapel invite all women Feb. 3 from 9-11:30 a.m. to Pioneer Chapel on Pioneer Kaserne for brunch and a program with guest speaker/singer Chelsea Pedro, an Army spouse and Argonner Elementary School employee. Watch care for children age 5 and younger is provided free of charge.

USO/Red Cross Open House

The Hanau USO and the American Red Cross host an Open House Feb. 4 from noon to 4 p.m. to inaugurate their new offices in Building 19 on Pioneer Kaserne. The event will mark the 64th birthday of the USO, and the staff will serve cake, finger food and drinks to all patrons. There will also be lots of door prizes. The USO will feature a shuttle service to the outlet mall in Wertheim every other Wednesday starting Feb. 9. The van departs at 8:30 a.m. Cost is \$30 per person. Call mil 322-8725.

Antique furniture/craft market

Hanau USO and the American Red Cross sponsor an antique furniture sale/craft market Feb. 12 from 10 a.m. to 5 p.m. at the Hanau High School cafeteria. An antique furniture dealer from the Netherlands will join Hanau crafters. A small

food court will be available as well as door prizes. Funds raised will support the USO and American Red Cross.

Valentine balloon bouquets

Hanau USO is taking orders for different sizes of Valentine balloon bouquets and will deliver them for a small fee in the local area. The last day to order balloons is Feb. 11. Call the Hanau USO at mil 322-8725 or civ (06181) 88-8725.

Spouse education assistance

The Army Emergency Relief deadline for the Spouse Education Assistance Program is Feb. 28. Scholarship applications for the 2005-2006 academic year are available at the AER office or on the AER website at www.aerhq.org. Call mil 322-8097 or civ (06181) 88-8097 for more information. The Army Emergency Relief Office is located in Building 19 on Hanau's Pioneer Kaserne.



Mardi Gras at Kids Korner Feb. 4

The Kids Korner and Youth Services will hold a Mardi Gras party for teens Feb. 4 from 8-12 p.m. featuring a DJ. Admission is \$3 for youths from sixth- through 12th-grade. Come in a costume.

Ursano Scholarship

Applications for the Maj. Gen. James Ursano Scholarship Fund are available at Army Emergency Relief, Building 9 on Pioneer Kaserne, or on the web at www.aerhq.org. The deadline for applications is March 1. Call mil 322-8097 or civ (06181) 88-8097 for details.

Ed Center notes

All Soldiers are now eligible to use the eArmyU education resource, either through the e-course option or the laptop option. Call an education counselor at mil 322-9600 for information. Pell Grant eligibility and awards have been reduced. Go to http://studentaid.ed.gov/students/publications/student_guide/2004_2005/english/types.htm for details. The Pioneer Education Center's computer lab is available Monday through Thursday from 1-9 p.m. and Friday from 8 a.m. to 5 p.m. FAST classes will be held Feb. 1-23 and March 7-28, and an ASEP: Effective Military Writing II class will be held Feb. 7-11. Call mil 322-9600 for details.

Protestant Ash Wednesday Service

Pioneer Chapel on Pioneer Kaserne hosts a Protestant Ash Wednesday Service Feb. 9 at noon. The service is open to everyone. Call Chaplain (Capt.) Trotter at mil 322-7525 or civ (06181) 88-7525.

Arts and crafts

The American Sampler Crafts Shop on Wolfgang Shopping Center offers a Quilter's Orientation class Feb. 2, a Playmates Quilt class Feb. 9 and 16, a Beginning Basket Weaving class Feb. 6, 13 and 27 and a Wood Safety Orientation Feb. 16 and 20. Call mil 322-8082 or civ (06181) 88-8082 for details and information on other classes.

AFTB update

Army Family Team Building offers Level II training Feb. 1-3 and Level III training March 7-9. Level II Soldier Track training will be held Feb. 14-18 and Level III Soldier Track training March 14-18. Call mil 322-5308 or civ (06181) 88-5308 for more information.

Job Fair Feb. 2

The 414th Base Support Battalion will host a Job Fair Feb. 2 from 10 a.m. to 2 p.m. at the Community Activity Center on Fliegerhorst Kaserne. Meet potential employers and complete applications — you might leave with a job offer. Call Hanau Army Community Service at civ (06181) 88-9191 or stop by Building 19 on Pioneer Kaserne for details.



Photo by Marie DeLopez

Indoor paintball in Grossauheim

The 414th Base Support Battalion Outdoor Recreation Division will open Splat Xtreme Indoor Paintball in Building 637 on Grossauheim Kaserne Feb. 4. For information on operating hours call Outdoor Recreation at civ (06181) 88-8891 or mil 322-8891.



Photo by Marie DeLopez

Waitress Celina Erhard serves lunch to Robin Green at the newly opened American Star Restaurant in the Community Activities Center on Fliegerhorst Kaserne.

American Star rises on Fliegerhorst

Internationally recognized chef

By Marie J. DeLopez
414th Base Support Battalion Morale,
Welfare and Recreation

The American Star Restaurant inside the Fliegerhorst Kaserne Community Activity Center pampers diners and takes an evening out a step further — it welcomes patrons to settle in and call the place home for a while, said officials.

“I’d say 85 percent of the people who visit the restaurant have come first for a nice, quiet lunch and then wind up repeating the visit for a pleasurable evening meal,” said CAC manager Mark Siple.

“We make an extra effort to make sure the customer is comfortable,” said chef Klaus Brandl. “And because the majority of our customers spend lunch and evening meal-times at the American Star, we feel that it is our responsibility to do more than just serve food.

“Our customers receive a unique dining experience each and every time they join us,” he said.

An internationally recognized chef with over 20 years of award-winning fine dining experience, Brandl said American Star diners can become world travelers for an evening, savoring cuisine from around the world as well as from America’s heartland. The mix of specialties and international accents change monthly. In addition a selection of U.S. Department of Agriculture prime grade beef selections, including prime rib, strip steaks and filet mignon are always available.

Recent European dishes have included strips of smoked duck, chicken dijonnais, beef bourguignon and fruit of the sea pasta. The American Star also offers a selection of original sandwiches and children’s meals. The experience is augmented by a comfortable atmosphere and family-friendly ambience, said Siple, noting the restaurant is also available for private dinners, social events, wedding receptions and business meetings.

The American Star Restaurant is open for lunch Tuesday through Friday from 11 a.m. to 2 p.m., for dinner from 5-9:30 p.m. and for snacks Thursday, Friday and Saturday evenings.

Expert catering is available for unit and private functions.

Brunch is featured every first Sunday of the month from 10 a.m. to 2:30 p.m. A flea market will held at the same time. Reserve a table for the flea market by Feb. 2 for \$10 at the American Star.

A Sweethearts Dinner will be served Feb. 14 from 5-10 p.m.

The menu will include deer pate served on lettuce with raspberry dressing, beef consommé with strips of herb pancakes, marinated beef and pork tenderloin served with French pepper sauce, potato croquettes, broccoli with almond butter, a glass of wine, light and dark chocolate mousse served with assorted berries.

Cost is \$20 per person.

Make reservations by Feb. 11 at mil 322-7206/7267 or civ (06183) 51-7206/7267.



Photo by Dennis Johnson

Deployable Rapid Assembly Shelter

Pfc. Tyshawn Staton (left) and Spc. Derick Aiken of the 130th Engineer Brigade construct a Deployable Rapid Assembly Shelter on Pioneer Kaserne’s sport field Jan. 18-19. The shelters were originally used for portable hospitals. Soldiers of the brigade’s Headquarters and Headquarters Company learned from manufacturer representatives how to assemble the Model-J DRASH shelter, which is raised and lowered by a giant bladder, inflated by a fan and run by a 5,000-watt, trailer-mounted generator. Once in place the shelter is supported by internal struts. Smaller models can be attached to expand the size and use of the shelter.

414th BSB – Büdingen, Hanau

Coach of the Year guides Hanau youths

By Dennis Johnson
130th Engineer Brigade Public Affairs Office

Boys and girls are dribbling and shooting all over Hanau, as the Child and Youth Services basketball season has begun lively competition.

One of CYS's most experienced coaches is 1st Sgt. Douglas Padgett, who joined the 130th Engineer Brigade in Hanau last June, coming from Fort Leonard Wood, Mo. There he volunteered as the coach of the Youth Services sports program fourth-grade basketball team and was named Coach of the Year by the National Basketball Association and Women's National Basketball Association for the 2003-04 season.

The Junior NBA/WNBA Coach of the Year program recognizes member coaches who stand out on the court and off. Coaches are nominated by league directors around the country. Padgett won in the league sponsored by the Chicago Bulls NBA team.

"Of the thousands of worthy candidates, Padgett stands out for his passion, commitment and excellence in representing the goals of the Junior NBA," said Kathy Behrens, vice-president of NBA Community Relations. "Padgett has instilled values in his players that will take them far beyond the basketball court."

Padgett is now the S-3 operations sergeant major for the 130th Engineer Brigade based on Pioneer Kaserne.

Coaching for Youth Sports

In Hanau Padgett is coaching one of the five CYS Sports bantam league basketball teams. His team, the Golden Warriors, is composed of 10-12 year olds, seven boys and three girls who will play a season of seven games leading up to the BSB-level tournament scheduled for Feb. 26-27. The BSB champion will go on to compete at the Area Support Group level scheduled for March 5-6 at Cardwell Fitness Center.

The team gathered in the entrance of Fliegerhorst Fitness Center before their first game Jan. 8 to run through a few last-minute drills before hitting the court. Padgett had the team practice a few advanced pass and shoot drills in anticipation of faking out the opposition. It worked; Padgett's team won the game 29-16.

Parent Galen Nagel, a teacher at Gelnhausen Elementary School, has observed Padgett's coaching of his daughter, Krista, age 12, at the team practices.

"He has high expectations for the kids, but not unrealistic either. He's able to work with the kids, which a lot of people who don't work with kids everyday may not know how to do. They're not adults," said Nagel.

The time a coach must contribute to a team is a real gift to these children. "I think it's unusual for a person new to the



Photo by Dennis Johnson

1st Sgt. Douglas Padgett, who arrived at the 130th Engineer Brigade in Hanau last June from Fort Leonard Wood, Mo., runs drills with his bantam league team before the first game of the 2005 season at the Fliegerhorst Fitness Center.

community to get so involved right away," added Nagel. "He gives at least three and a half to four hours a week at practices, plus three hours for a game ... and I know there are a lot of demands on a Soldier's time."

Padgett said he enjoys working with the children and may turn his coaching experience into a profession after the Army.

"It all started out as a way to coach my daughters in basketball. Now I just enjoy working with the young kids," said Padgett. "I think sports give kids a good lesson in teamwork and discipline in life. One of my personal goals is to coach in the education system once I retire from the Army."

Juan Herrera, 414th BSB CYS sports director, has gathered a team of experienced coaches for all the CYS Sports programs.

"Sgt. Padgett is a new addition to our coaching staff. He's good with the kids, very fundamental. At this level it's important to teach the fundamentals — defense,

offense, handling the ball and player positioning on court," said Herrera. "Padgett works with the kids twice a week, dedicating extra time to ensure the skills of his players are developed."

Coaching is not just a guy thing either.

"I've got several female coaches. One of them, Katherine Riggins, coaches basketball and baseball, and Sgt. 1st Class Althea Basnight coaches fast-pitch softball, junior-level soccer and T-ball," said Herrera.

Diane Davis, Hanau's senior coach, has been coaching youth baseball and soccer in the 414th BSB for five years.

For a schedule of CYS sports programs or to volunteer to coach, contact Juan Herrera at mil 323-3919.

CYS Sports co-ed baseball and girl's softball registration will begin Feb. 1. Contact CLEOS to sign up for these springtime programs. All children who participate in CYS programs must be registered with CLEOS. Visit CLEOS in Building 20 or call mil 322-9144 to register your child.

Special events ... Special events ... Special events

Fishing course to be offered through Outdoor Recreation

By Lisa Crews
414th Base Support Battalion project manager

Fishing in Germany can be a lot of fun — just ask Harold Toft, the 414th Base Support Battalion's fishing course instructor.

Toft has been fishing for more than 39 years and received his first fishing pole at the age of 5. He has been a licensed angler for more than 30 years and has been involved in many projects relating to hydrology, ichthyology and fish habitat con-

struction and preservation.

Toft began fishing in Europe in 1979 while stationed in the Army at Camp King in Oberursel north of Frankfurt and has spent a great deal of his time angling in many different places and styles.

Toft attended the Bavarian Fishing Institute in Starnberg in 2004 and successfully completed the Fishing Instructors Training Course administered at the Bavarian Fishing Institute.

"I am trying to afford the Soldier, family member and community at large the same

opportunity to experience fishing as a wholesome stress reliever and a good family bonding activity," said Toft.

Toft will be teaching a German fishing course for Hanau Outdoor Recreation in the

Directorate of Community Activities Conference Room in Building 454 on Old Argonner Kaserne Feb. 26-27 from 9 a.m. to 5 p.m., March 5 from 9 a.m. to 5 p.m. and March 6 from 9 a.m. to 3 p.m.

Attendance is mandatory on all four days. Cost is \$60 per adult, \$110 for one parent

and a child, \$150 for two parents and a child or one parent and two children, and \$190 for two parents and two youths.

Upon successful completion participants will earn an examination card and can buy a German fishing license, register to fish at Campo Pond for no charge at Outdoor Recreation and receive a one-year membership in the Heidelberg Rod and Gun Club.

Call Outdoor Recreation at mil 322-6015 or Toft at mil 322-8391 for more information. Register in the Community Activity Center, Building 1355 on Fliegerhorst Kaserne.



King legacy lauded at 16th CSG ceremony

Primacy of education stressed as key to fulfilling slain leader's vision

Story and photos by
David Ruderman
104th Area Support Group Public
Affairs Office

Securing an education to make dreams become real was the central theme of a Dr. Martin Luther King Jr. Day commemoration at Cardwell Fitness Center Jan. 13.

Nearly 400 Soldiers gathered to commemorate King's legacy in a program organized by the Equal Opportunity officers of 16th Corps Support Group, 130th Engineer Brigade, 104th Area Support Group and 4th Brigade, 1st Armored Division.

"I need you to take this message out to your units," said guest speaker Tamara Sevcik, standing in for her husband, Col. Michael Sevcik, 16th CSG commander, who could not attend. "Soldiers need to understand the importance of a college education. I know it's tough as a Soldier with all the Army expects from you, but it was even tougher in the 1950s and 1960s when racism and discrimination held sway."

Educating Soldiers to be agile, aware and innovative — all that they can be as fulfilled human beings — is one of the core purposes of the Army, she said, because an educated, thinking Soldier is better able to serve the nation.

King, who spent the best part



Sgt. 1st Class Anthony Quinn Dawson, Headquarters and Headquarters Company, 16th CSG, recites Dr. Martin Luther King's "I Have a Dream" speech.

of his life struggling to gain equal access, opportunity and benefits for all Americans, would have understood, she said.

"King understood the importance of education to our future and to our families. Martin Luther King Jr. would be astounded to learn that to every Soldier on active duty, a college education is free and available. I think he would also be disappointed that more Soldiers and family members don't take advantage of that opportunity."

Sgt. 1st Class Anthony Quinn Dawson, Headquarters and Headquarters Company, 16th CSG, recited King's "I Have a Dream" speech. A simultaneous slide presentation broadcast significant scenes from his life and from the



Photos by David Ruderman

Soldiers and civilian guests of 16th Corps Support Group listen to a live reading of Dr. Martin Luther King Jr.'s "I Have a Dream" speech during a commemorative assembly at the Cardwell Fitness Center Jan. 13.

history of the civil rights movement of which he was the best known spiritual leader.

"I feel it was a good ceremony, but Martin Luther King was only one of the many people fighting in that struggle," said Sgt. Levada Johns of 16th CSG. "He wasn't the only one. We need to expose our kids and other races too. It's about time for people to realize it's still

happening today."

"I thought the recitation of Martin Luther King's speech was really powerful, hearing it in its full context," said Spc. Carrie Meehan of 71st Ordnance Company.

Her sentiments were echoed by the chaplain who delivered the invocation and benediction.

"Let us join together to fulfill that dream in our ranks," said Chap-

lain (Maj.) Vernon McClearn of 16th CSG. "Let us live each and every moment to fulfill that dream, wherever we go and whoever we meet."

"I ask you to keep in mind that this celebration does not end on Jan. 17," said Lt. Col. Carol DeBarto, 16th CSG deputy commander, as she brought the program to an end.



Even heroes get hungry sometime

Pfc. Shawna Gallimore, Headquarters Supply Company, 127th Aviation Support Battalion, displays a cake baked especially for the Dr. Martin Luther King Jr. Remembrance Luncheon hosted by the John F. Kennedy Dining Facility on Fliegerhorst Kaserne Jan. 12. Photo left: Soldiers line up for a feast of roast beef, lobster tails, roasted pig, crab legs and more. More than 380 area Soldiers and civilians stopped in to mark the anniversary of the seminal civil rights leader's birth.

Photos by Sgt. 1st Class James Henry